

# **Brightening Your Life's Path**

## **An Introduction to and a Navigation Tool for WingMakers**

by

Mark Riesenber

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“It was considered eons ago that a philosophical, text-based treatise was not the appropriate catalyst for the generations of the 21<sup>st</sup> century.” --James

“Those who are able to synchronize their heart-mind system and sustain an energetic coherence while the dimensional shift is occurring will be able **to lead and advance the opportunities for the generations to follow.**” --James

“This book **may** have been written by me, for me, and for any of my readers to **read in another life** to awaken them to their role in the discovery of the Grand Portal.” --Mark Riesenber

“I am revealed to you in hopes that you will reveal to others what you have found in me.” FS Transmissions, My Central Revelation

“I am *all of life*. If you must search for me, then practice the feeling of wholeness and unity.” First Source, My Central Message

“Something is going to happen, something wonderful.”

Arthur C. Clarke

“There is so much good to be done for so many good people. I have faith in faith, I trust trust.”

Mark Riesenber

Bodhisattva Prayer: May I become enlightened to end the suffering of all sentient beings.

“Everyone that you meet, sometime down through the long corridor of time, is someone you loved, and who loved you.”

Paramahansa Yogananda

“Never was so much owed by so many to so few.”

Winston Churchill

The world knows nothing of its greatest people.

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\*Without Terry, as we both agree, I would be meditating today somewhere in the Himalayas.

To my mother Shirley, who died as she lived with inner and outer beauty.

To my father Max, who died as he lived, unselfishly and courageously.

And I would like to thank James, the anonymous author of the WingMakers materials, [www.wingmakers.com](http://www.wingmakers.com), [www.lyricus.org](http://www.lyricus.org), [www.eventtemples.org](http://www.eventtemples.org), [www.sovereignintegral.org](http://www.sovereignintegral.org), [www.SpiritState.com](http://www.SpiritState.com) and I would also like to thank Mark Hempel, the web manager of the five sites for their tremendous contribution and commitment to the evolution of our species.

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## Introduction

### Why This Book?

Please consider this book a resource to brighten your life's path. We will start with my personal story then segue to WingMakers and how the material has helped me and how I believe it can help you. There are over a hundred links in this book leading you to thousands of pages of incredible WingMakers material.

I am big on K.I.S.S; Keeping It Short & Simple. My hope, my intention is that first you get to know me. Then that this book easily and simply introduces and navigates you through the WingMakers sites that I consider to be the most profound spiritual content on the internet. Currently there are five websites.

I wrote this book for five reasons (or at least five that I am aware of):

1. To introduce and navigate you through the Lyricus/WingMakers materials
2. To help more people be aware of the Lyricus/WingMakers websites and materials
3. To help in the expansion and acceleration of your consciousness
4. For the expansion and acceleration of my consciousness
5. For this e-Book to be a commercial success (yes, I have sales goals)

This book is not a commentary on the WingMakers materials. *It is an introduction.* When I was introduced to the WingMakers website, [www.wingmakers.com](http://www.wingmakers.com) on March 8, 2008 I brought my spiritual insights and progress to a whole new level. I better understand who we are as a species and where we are going. The personal development tools have definitely accelerated and expanded my experience of consciousness.

There is an exciting shift, transition, transformation, awakening happening within our species on this planet. This book can help you better understand and resonate with this shift, a shift from being a mind-centered species, which we have been for thousands of generations, to a heart-centered species.

It is my opinion that trillions of souls are thirsting to incarnate on earth because of the incredible galactic changes that are now occurring and will continue to occur leading up to the discovery of the Grand Portal around the year 2080.

This book is designed to help you to understand and to experience, to be an important part of this sea change of consciousness.

What do I find so interesting about WingMakers?"

My answer: Their vision and tools.

Specifically, two paradigms that are in the vision, the **Grand Portal** which is the **irrefutable\*** scientific discovery of the human soul, and the **Sovereign Integral consciousness**, and two personal development tools, the **Six Heart Virtues**: Appreciation, Compassion, Forgiveness, Humility, Understanding, Valor, and the **Quantum Pause** breathing technique that is fully explained in this book.

**\*My Comment:** Some people tell me that they do not feel comfortable with the use of the word **irrefutable** when speaking about the discovery of the human soul. Holding a pen in my hand, I let it go, and say: "Just as the Law of Gravity is irrefutable that this pen will fall when I let it go, so the discovery and the scientific investigation of the human soul in the finest labs of our world will be equally irrefutable."

This discovery will be embraced and integrated into our understanding of who we are and how we act towards our fellow humans. The impact of this discovery will be far reaching on the four quarters of power, as James, the anonymous creator of the WingMakers materials calls culture, science, government and religion.

**Note:** When I first read about the Grand Portal, my heart resonated, "**YES! This is true!**" That was enough irrefutable proof for me. I understand that many people need more than just a resonant feeling, a belief to stand as proof.

All four pieces of the vision and tools have profoundly, positively and powerfully changed my life. My improvements center on the acceleration and expansion of consciousness. The greatest result of embracing the WingMakers cosmology/philosophy and integrating the tools into my life is

that **I am more awake when I am awake, I enjoy life more. I have brightened my life's path.**

There are many components to the vision and many tools. Here is the **Ultimate K.I.S.S**; I am of the opinion that by understanding, applying, and mastering the Six Heart Virtues and the Quantum Pause you are capturing the essence of the Lyricus material. James says that by living and expressing the six heart virtues you are doing more for yourself and our planet than the greatest masters and teachers.

**Note:** John Berges, in his article, *Lyricus: The First Ten Years*, [http://www.wingmakers.com/downloads/Lyricus The First Ten Years.pdf](http://www.wingmakers.com/downloads/Lyricus%20The%20First%20Ten%20Years.pdf) explains why we refer to this content as the Lyricus material. I like to refer to it as the Lyricus/WingMakers materials to cover all bases.

In this book you will learn about the Grand Portal, the Sovereign Integral, the Quantum Pause, the Six Heart Virtues and so much more.

The Lyricus/WingMakers materials are a must for all seekers of truth. **A Must!** It will bring your understanding of who we are, and your purpose in life to the next level. This material will draw you into the incredible changes, shift, transition, transformation that has begun and will continue throughout the 21<sup>st</sup> century and beyond.

I envy that you are at the beginning of this journey because of all the wonderful knowledge and exciting experiences that await you. It truly is a grand adventure.

The seed thoughts to writing this book were, “I would love to introduce and navigate people to and through the WingMakers materials;” and “People might find my story compelling.”

This book was born of the desire to assist others and to possibly play a role in the discovery of the Grand Portal. I am here to help you on your way. I am honored and humbled to be able to play a role in your self-realization. Thank you.

“It is a goal of Lyricus to provide frameworks in which **students of its works can empower themselves to be agents of** spiritual awakening, align to the earth's ascendancy, and assist earth and the beings upon her in this dimensional transition.”<sup>i</sup> --from James' Foreword: *The Rising Heart*

## Chapter I: My Spiritual Adventure

My name is Mark Riesenberg. Not Ishmael, not Odysseus, not Jason of the Argonauts, but I am on an adventure, on a spiritual adventure, just as they were.

I do not fancy myself to be the latest, greatest leading edge philosopher, writer, thinker, nor do you need me to be. I am not a Francis Bacon, an Alice Bailey, an Edgar Cayce, a Maharishi Mahesh Yogi\*, or a Ramana Maharshi\*. I am not a great intellect or spiritual teacher like Eckhart Tolle, Deepak Chopra, Shankara or Pierre Teilhard de Chardin. Nor do you need me to be, nor do I need to be.

I see myself as your resource. In March, 2008, I was introduced to what I now consider one of the greatest resources of all time, the Lyricus/WingMakers materials. I am a Truth Seeker, and Lyricus is one of my greatest finds.

My conscious spiritual journey began in 1970 when at the age of 23 I learned to meditate. Then in 2008 I discovered WingMakers. It has been the most profound spiritual material, and the most powerful spiritual technique that I have studied or practiced since beginning my spiritual journey.

My heart is fuller, my mind clearer, and my insights and understanding of who we are and where we are going has never been more comprehensive and more inspiring. I have a sense of fulfillment and evolving completion. The acceleration and expansion of my consciousness is palpable. I feel a greater Oneness with my higher Self and others, as I embrace and understand my role in helping our world transition to the long prophesied Golden Age.

I will introduce you to the Lyricus Teaching Order. They will bring you on a journey that started over five million years ago and picked up steam 11,000 years ago. This same evolutionary path has played out innumerable times throughout our multiverse. **Note:** You will learn from the material that there are seven universes, hence the term multiverse.

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\*My favorite declarations from these two gentlemen: Maharishi: "Take it as it comes." "Something good is happening." Ramana: "All is well. All is perfectly well. All is perfectly well and unfolding as it should." Actually this was said by Robert Adams who was greatly influenced by Ramana Maharshi.

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